













| Time | Sunday 26 Aug 18 | Monday 27 Aug 18 | Tuesday 28 Aug 18 | Wednesday 29 Aug 18 | Thursday 30 Aug 18 | Friday 31 Aug 18 | Saturday 1 Sept 18 |
|--|--|---|--|--|--|---|---|
| 5:30 – 6:00 | Exercise Time | | | | | | |
| 6:00 – 7:15 | Personal Hygiene & Room Inspections | | | | | | |
| 7:15 – 8:30 | Breakfast | | | | | | |
| 8:30 – 9:00 | Devotions | | | | | | |
| 9:00 – 10:15 | Social Graces, Etiquette and Good Manners - NCSA | Staying Drug Free - NCSA | Controlling Your Anger - NCSA | Tour - H M P Dodds  | Bullying - Criminal Justice Research and Planning Unit | Effective Communication - NCSA | |
| 10:15 – 10:30 | BREAK | | | | | | BREAK |
| 10:30 – 12:00 | Adolescent Development & Abstinence - BFPA  | HIV/AIDS - The Link to Drug Use - Fabian Sargeant  | Self Management - NCSA  | Boy Talk/Girl Talk - NCSA | Post Test & Inspection | | |
| 12:00 - 1:00 | LUNCH | | | | | | |
| 1:00 – 2:15 | Healthy Me Happy Me - (Self-Esteem) - NCSA | Stress Management - NCSA  | Positive Decision Making - NCSA | Team Sports - NCSA  | Nutrition and Health - Ms. Nicole Griffith | Group Talk | |
| 2:30 - 4:30 | Creative Sessions | Creative Sessions | Creative Sessions |  | Creative Sessions | Departure from Camp | |
| 4:30 - 5:30 | Arrive @ Marian Retreat House 5:00 pm | Sports: Local games, Road Tennis, Football and Cricket | Sports: Local games, Road Tennis, Football and Cricket | | Sports: Local games, Road Tennis, Football and Cricket | | Sports: Local games, Road Tennis, Football and Cricket |
| 5:30 - 6:00 | Personal Hygiene & Room Inspection | | | | | | |
| 6:00 – 7:00 | Dinner | | | | | | |
| 7:00 – 9:00 | Camp Registration, Getting to Know you, Overview of Camp Rules, Emergency Drill, Board Games | Games & Treasure Hunt  | CAUTION PEER PRESSURE Peer Pressure & Peer Refusal Skills - Janelle Chase-Mayers | Talent Show / Karaoke  | Camp Fire & Movie Night  | Buss Ya Brain HIV & Drugs - NCSA   | |
| 9:00 | Lights Out | | | | | | |
| <p>NCSA - National Council on Substance Abuse BFPA - Barbados Family Planning Association CJR&PU - Criminal Justice Research and Planning Unit</p> | | | | | | | |